

5 day Descabezado

Duration:

5 days

Level of difficulty:

Difficult

Real hiking time:

7-13 hours daily

Total hiking distance in km:

78 km

Altitude at startpoint:

1100m

Highest altitude:

3850m

Difference in altitude by hiking:

4250m

Age restriction:

7 - 69

Other restrictions:

**Not eligible for people with heart problems, asthma or acrophobia
good body condition for hikes up to 13 hours daily, experience in hiking.**

Necessary experience and skills:

Accident insurance available:

Yes

Min – Max number of participants:

1 -6 / 7-12 with 2 Guides

Season:

Dicember – April

Allocated equipment:

Tent, sleeping bag, camping mat, tekking sticks, cooker, dishes, gas and food

The tour includes:

**Transportation, horses for the backpacks, bi- or trilingual tour guide, equipment, entrance fees and food
Personal clothing, extra insurance.**

Not included:

You should bring:

Sturdy shoes, windproof and waterproof clothing, warm long underwear, gloves, fleece hat and scarf, water bottle, hat, sun cream, sun glasses.

Basic rules for a successful tour:

Follow the instructions of the tour guide

Never leave the group

Don't hesitate to ask your guide in case of doubt

High spirits for a nice and relaxing day in the nature

