

Radal Siete Tazas

Duration:	1 days (8.30am – 5pm)
Level of difficulty:	Very Easy
Real hiking time:	2.5 hours or less, depending on the way
Age restriction:	6 - 69
Other restrictions:	No
Necessary experience and skills:	No
Convenient for Wheelchair:	Yes / up to the Mirador
Accident insurance available:	Yes
Min – Max number of participants:	1 -12
Season:	All the year
Allocated equipment:	Tekking sticks
The tour includes:	Transportation, bi- or trilingual tour guide, equipment, entrance fees and lunch box
Not included:	Personal clothing, extra insurance.
You should bring:	Comfortable clothes, head gear, sun cream, water,high spirits
Basic rules for a successful tour:	Follow the instructions of the tour guide Never leave the group Don't hesitate to ask your guide in case of doubt High spirits for a nice and relaxing day in the nature