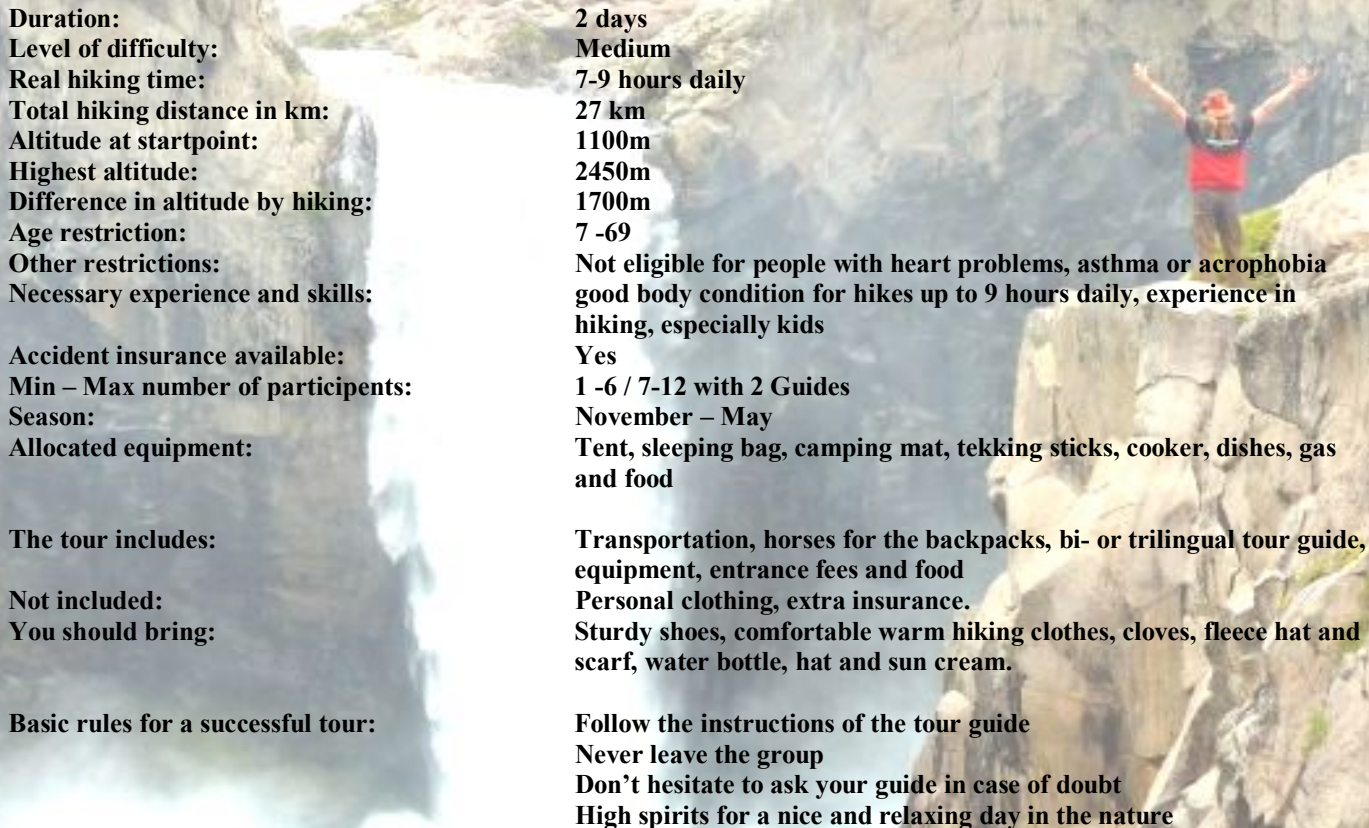


2 day tour



Duration:	2 days
Level of difficulty:	Medium
Real hiking time:	7-9 hours daily
Total hiking distance in km:	27 km
Altitude at startpoint:	1100m
Highest altitude:	2450m
Difference in altitude by hiking:	1700m
Age restriction:	7 -69
Other restrictions:	Not eligible for people with heart problems, asthma or acrophobia
Necessary experience and skills:	good body condition for hikes up to 9 hours daily, experience in hiking, especially kids
Accident insurance available:	Yes
Min – Max number of participants:	1 -6 / 7-12 with 2 Guides
Season:	November – May
Allocated equipment:	Tent, sleeping bag, camping mat, tekking sticks, cooker, dishes, gas and food
The tour includes:	Transportation, horses for the backpacks, bi- or trilingual tour guide, equipment, entrance fees and food
Not included:	Personal clothing, extra insurance.
You should bring:	Sturdy shoes, comfortable warm hiking clothes, cloves, fleece hat and scarf, water bottle, hat and sun cream.
Basic rules for a successful tour:	Follow the instructions of the tour guide Never leave the group Don't hesitate to ask your guide in case of doubt High spirits for a nice and relaxing day in the nature